

# What is the purple light campaign?

For the entire month of November, we will be lighting up our homes in purple to raise awareness of CES by remembering those that we have lost along the way.

# What is CES?

Cauda Equina Syndrome (CES) is a rare spinal disease that causes a collection of neurological and systematic symptoms due to an injury to the spinal nerve roots in the lumbar spinal canal and sacrum called the cauda equina (CE)- Latin for "horse's tail." The CE is a relay station between the lower body to the spinal cord.

# How can I help?

- **Light up your home** in purple to help spread awareness
- **Donate** to aid us in our mission
- **Volunteer**
- **Become** a Patient Advocate
- **Become** an Ambassador
- **Learn** more at CESLife.org

# Get In Touch!

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## PHONE

407-984-6394

## WEBSITE

ceslife.org

## ADDRESS

P.O. Box 381  
Howey in the Hills,  
FL 34737 USA

# PURPLE LIGHT CAMPAIGN



# About Us



## Mission

"To improve the quality of life and care for individuals living with cauda equina syndrome and associated disorders."



## Vision

"To eradicate the devastating symptoms and neurological deficits caused by cauda equina syndrome."



## Core Values

Integrity. Empathy.  
Compassion.  
Transparency.

# Cauda Equina Foundation

Acute Cauda Equina Syndrome (A-CES) is a Medical Emergency that requires treatment in under 24 hours to prevent or reverse paralysis.

**Seek Emergency Medical Evaluation Immediately if you are experiencing any of the 7S's of acute cauda equina syndrome (A-CES).**

Delayed diagnosis and/or treatment, in most cases, lead to catastrophic damage to the cauda equina and a lifetime of chronic illness. Even with timely treatment, some patients go on to have chronic CES- a life-altering catastrophic chronic illness.

[ceslife.org](http://ceslife.org)

# Red Flags - 7 S's

- Saddle Numbness
- Severe Back Pain
- Sensation Changes
- Stumbly and/or Painful Legs
- Sciatica
- Stream - Bladder and Bowel Dysfunction
- Sexual Dysfunction



**Do not "wait and see" if symptoms get better, seek emergency medical evaluation!**