## HOW TO PARTICIPATE IN THE CAUDA EQUINA SYNDROME NATURAL HISTORY STUDY

in partnership between the Cauda Equina Foundation and CoRDS

#### CREATE YOUR CORDS PROFILE



- Visit CoRDS to create your profile and generate your user name and password.
- Add cauda equina syndrome as your rare disease to be able to access the correct questionnaire
- The questionnaire is also available to be completed by phone or paper copy. See the contact information below.
- Your progress will be saved as you complete the questionnaire, allowing for participants to take breaks and complete it in multiple sessions

### COMPLETE THE CORDS QUESTIONNAIRE

Part one of the questionnaire will take approximately 15 minutes and includes demographics questions created by CoRDS.

If your time is limited, please complete only the mandatory questions (indicated with an \*) to leave enough time to complete part two of the questionnaire.

#### COMPLETE THE CAUDA EQUINA FOUNDATION QUESTIONNAIRE

Part two of the questionnaire will take approximately 30 minutes and includes Cauda Equina Syndrome (CES) questions created by the Cauda Equina Foundation.



SUBMIT

When part one and part two of the questionnaire are completed click submit!

#### UPDATES

Visit your CoRDS profile to update your profile once a year or after any major medical changes.



#### THANK YOU

We want to thank you for taking the time to participate in the Cauda Equina Syndrome (CES) Natural History Study Questionnaire.

#### HAVE A QUESTION?

Email: cords@sanfordhealth.org Phone: 1-877-658-9192





#### ceslife.org

P.O. Box 381 Howey in the Hills, FL 34737

# **RESOURCE PAGE**



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